

2026-02-28 Meditation for Saturday in the First Week of Lent is now available at: <https://pgimf.org/meditations/>

[The opening theme song with a poetic paraphrase begins:]

Ich bete an die Macht der Liebe,
O Pow'r of love, all else transcending,
Die sich in Jesu offenbart;
In Jesus present evermore,
Ich geb' mich hin dem freien Triebe,
I worship thee, in homage bending,

Psalm 86

Lyrics: Translated by Myles Coverdale (1488-1569)

Music: Garret Wesley (1735-1781)

Artists: The Choir of Norwich Cathedral, Neil Taylor (organ), Michael Nicholas (dir.)
https://www.youtube.com/watch?v=kbjmH7i97vI&list=OLAK5uy_kSFou6pXU_8Qo_rzCgaXU53VgLcjReWfg&index=11

[The psalmist's plea for help]

BOW down thine ear, O LORD, and hear me; * for I am poor, and in misery.

2 Preserve thou my soul, for I am holy: * my God, save thy servant that putteth his trust in thee.

3 Be merciful unto me, O Lord; * for I will call daily upon thee.

4 Comfort the soul of thy servant; * for unto thee, O Lord, do I lift up my soul.

5 For thou, Lord, art good and gracious, * and of great mercy unto all them that call upon thee.

6 Give ear, LORD, unto my prayer, * and ponder the voice of my humble desires.

7 In the time of my trouble I will call upon thee; * for thou hearest me.

[God is unique]

8 Among the gods there is none like unto thee, O Lord; * there is not one that can do as thou doest.

9 All nations whom thou hast made shall come and worship thee, O Lord; * and shall glorify thy Name.

10 For thou art great, and doest wondrous things: * thou art God alone.

[The psalmist's prayer for (and thanks for) guidance]

11 Teach me thy way, O LORD, and I will walk in thy truth: * O knit my heart unto thee, that I may fear thy Name.

12 I will thank thee, O Lord my God, with all my heart; * and will praise thy Name for evermore.

13 For great is thy mercy toward me; * and thou hast delivered my soul from the nethermost hell.

[The psalmist's plea against enemies]

14 O God, the proud are risen against me; * and the congregations of **naughty** men have sought after my soul, and have not set thee before their eyes.

15 But thou, O Lord God, art full of compassion and mercy, * long-suffering, plenteous in goodness and truth.

16 O turn thee then unto me, and have mercy upon me; * give thy strength unto thy servant, and help the son of thine handmaid.

17 Show some token upon me for good; that they who hate me may see it, and be ashamed, * because thou, LORD, hast holpen me, and comforted me.

Glory be to the Father, and to the Son, and to the Holy Ghost
as it was in the beginning, is now, and ever shall be,
world without end. Amen

[Closing words to our theme song:]

*O! dass diess jeder Sünder wüsste,
O! that every sinner would know this,
Sein Herz wohl bald dich lieben müsste.
His heart must soon surely love You.*

Evan
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